

XLR8 TRAINING - SAP/DEV/SUPER LEAGUE/DIAMOND LEAGUE & JUNIORS U12-U18

Program	Team	Day	Time	Location	Coach
SAP	U8	Monday	5pm - 6pm	NTRA 2	Ash Clarke
SAP	U9	Monday	5pm - 6pm	NTRA 2	Fin Geraghty
Dev	U8	Monday	5pm - 6pm	NTRA 2	Luke Klusman
Dev	U9	Monday	5pm - 6pm	NTRA 2	Adam Holmes
Community	U10 Chelsea	Monday	5pm - 6pm	NTRA	Ayon Anwar
Community	U10 Liverpool	Monday	5pm - 6pm	NTRA	Rex Pearce
Community	U10 City	Monday	5pm - 6pm	NTRA 2	Isaac Riggs
SAP	U10	Monday	6pm - 7pm	NTRA 2	Ash Clarke
SAP	U11	Monday	6pm - 7pm	NTRA 2	Fin Geraghty
Dev	U10	Monday	6pm - 7pm	NTRA 2	Luke Klusman
Dev	U11	Monday	6pm - 7pm	NTRA 2	Adam Holmes
Dev	U12	Monday	6pm - 7pm	NTRA 2	Isaac Riggs
Dev	U13	Monday	6pm - 7pm	NTRA 2	Seth J
Community	U13B	Monday	6pm - 7pm	NTRA	Ayon Anwar
SL	U15	Monday	7:15pm - 8:30pm	NTRA 2	Ayon Anwar
SL	U16	Monday	7:15pm - 8:30pm	NTRA 2	Seth J
SL	U18	Monday	7:15pm - 8:45pm	NTRA 2	TBC
Gk Academy		Wednesday	5pm - 7:15pm	NTRA 2	Ollie Craw
Community	G11	Tuesday	5pm - 6pm	NTRA 2	Kate Watson
DL	G12 DL	Tuesday	6pm - 7:15pm	NTRA 2	Kate Watson
Dev	G12 B	Tuesday	6pm - 7:15pm	NTRA 2	Fin Geraghty
Community	G14B	Tuesday	6pm - 7pm	NTRA	Ash Clarke
DL	G14 DL	Tuesday	7:15pm - 8:30pm	NTRA 2	Kristi Murphy
DL	G16 DL	Tuesday	7:15pm - 8:30pm	NTRA 2	Fin Geraghty
DL	G18 DL	Tuesday	7:15pm - 8:30pm	NTRA 2	Ash Clarke
SAP	U8	Wednesday	5pm - 6pm	NTRA 2	Ash Clarke
SAP	U9	Wednesday	5pm - 6pm	NTRA 2	Fin Geraghty
Dev	U8	Wednesday	5pm - 6pm	NTRA 2	Luke Klusman
Dev	U9	Wednesday	5pm - 6pm	NTRA 2	Adam Holmes
Community	U11 Cobras	Wednesday	5pm - 6pm	NTRA	Rex Pearce
Community	U11 Vipers	Wednesday	5pm - 6pm	NTRA	Issac Riggs
Community	G10	Wednesday	6pm - 7pm	NTRA	Saskia Geraghty
SAP	U10	Wednesday	6pm - 7pm	NTRA 2	Ash Clarke
SAP	U11	Wednesday	6pm - 7pm	NTRA 2	Fin Geraghty
Dev	U10	Wednesday	6pm - 7pm	NTRA 2	Luke Klusman
Dev	U11	Wednesday	6pm - 7pm	NTRA 2	Adam Holmes
Dev	U12	Wednesday	6pm - 7pm	NTRA 2	Isaac Riggs
Dev	U13	Wednesday	6pm - 7pm	NTRA 2	Seth J
Community	U15B	Wednesday	6pm - 7pm	NTRA	Rex Pearce / Stephen Hunt
Community	U12B	Wednesday	7pm - 8pm	NTRA	Stephen Hunt
SL	U15	Wednesday	7:15pm - 8:30pm	NTRA 2	Ayon Anwar / Adam Holmes
SL	U16	Wednesday	7:15pm - 8:30pm	NTRA 2	Fin Geraghty
SL	U18	Wednesday	7:15pm - 8:45pm	NTRA 2	TBC
Community	G12	Friday	5:30pm - 6:30pm	Auluba	Kate Watson
Community	G16	Friday	6:30pm - 7:30pm	Auluba	Fin Geraghty
DL	G12 DL	Friday	6:45pm – 8pm	Auluba	Kate Watson
Dev	G12 B	Friday	6:45pm – 8pm	Auluba	Collab

DL	G14 DL	Friday	7pm – 8:15pm	Auluba	Kristi Murphy
DL	G16 DL	Friday	7:30pm- 8:45pm	Auluba	Fin Geraghty
DL	G18 DL	Friday	7:30pm- 8:45pm	Auluba	Ash Clarke